

WEEKLY MENU

Apr to Oct 2023

REMEMBER... RECEPTION, YEAR 1 & YEAR 2 ARE ENTITLED TO FREE SCHOOL MEALS. THIS EXCLUDES INDEPENDENT SCHOOLS.



WEEK 1
17th April
15th May
19th June
17th July
25th Sept
23rd Oct

MONDAY
Macaroni Cheese 1.7 V
Vegetable Hot Pot 9 V
Jackets with a Choice of Toppings 7,8,9
Green Beans
Carrots
Ice Cream 7
Mr Nourish Biscuit 1
Fruit Pots

TUESDAY
BBQ Pulled Pork in a Bun 1.5
Herby Tomato Penne Pasta 1 V 9
Jackets with a Choice of Toppings 7,8,9
Rainbow Rice
Sweetcorn, Courgettes
Chocolate Pudding 1,9
& Chocolate Sauce 7
Mr Nourish Biscuit 1
Fruit Pots

WEDNESDAY
Roast Chicken & Gravy
Cheesy Vegetable Burrito 1.7 V
Jackets with a Choice of Toppings 7,8,9
Rustic Roast Potatoes
Cabbage, Carrots
Fruit Jelly
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

THURSDAY
Chicken Pie 1
Arabiatta Pasta Twists 1 V 9
Jackets with a Choice of Toppings 7,8,9
New Potatoes
Seasonal Vegetables
Peach Sponge 1,9
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

FRIDAY
Fish Fingers 1,8
Cheese & Spinach Pinwheel 1.7 V
Jackets with a Choice of Toppings 7,8,9
Chips, Peas
Baked Beans, Coleslaw 9
Banana Bar 1.15
Yoghurt 7
Fruit Pots

Dishes marked with any of the following numbers contain the matching allergen:

- 1 Wheat Gluten
- 2 Crustaceans
- 3 Soybean
- 4 Mustard
- 5 Sesame
- 6 Sulphites/Sulphur Dioxide
- 7 Milk
- 8 Fish
- 9 Egg
- 10 Peanuts
- 11 Molluscs
- 12 Celeriac/Celery
- 13 Nuts
- 14 Lupins
- 15 Oat Gluten
- 16 Barley Gluten



WEEK 2
24th April
22nd May
26th June
4th Sept
2nd Oct

Vegetable Pie 1 V 9
Cheese & Bean Wrap Packet 1.7 V
Jackets with a Choice of Toppings 7,8,9
New Potatoes
Seasonal Vegetables
Banana in Chocolate Custard 7
Mr Nourish Biscuit 1
Fruit Pots

Sweet Chicken Curry
Cheese Topped Pasta Bake 1.7 V
Jackets with a Choice of Toppings 7,8,9
Rice, Carrots
Cauliflower
Apple Crumble 1 & Custard 7
Mr Nourish Biscuit 1
Fruit Pots

Roast Pork & Gravy
Caribbean Pasty 1 V 9
Jackets with a Choice of Toppings 7,8,9
Rustic Roast, Broccoli
Sweetcorn
Crispy Cake 3,7,16
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

Cottage Pie
Cheesy Pasta Twists 1.7 V
Jackets with a Choice of Toppings 7,8,9
Carrots, Green Beans
Lemon Drizzle Cake 1,9
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

Chicken Goujons 1
Summer Frittata 9 V
Jackets with a Choice of Toppings 7,8,9
Chips, Peas
Baked Beans, Cucumber Sticks
Caramel Cookie 1.7
Yoghurt 7
Fruit Pots

WEEK 3
1st May
5th June
3rd July
11th Sept
9th Oct

Margherita Pizza 1,3,7,9 V
Loaded Cajun Bean Wedges 9 V
Jackets with a Choice of Toppings 7,8,9
New Potatoes
Sweetcorn
Peppers
Ice Cream 7
Mr Nourish Biscuit 1
Fruit Pots

Sweet & Sour Pork
Cheesy Pasta Bows 1.7 V
Jackets with a Choice of Toppings 7,8,9
Rice, Cauliflower
Carrots
Jam Tart 1,6 & Custard 7
Mr Nourish Biscuit 1
Fruit Pots

Toad in the Hole 1,6,7,9
Vegetable Toad in The Hole 1,7,9 V
Jackets with a Choice of Toppings 7,8,9
Rustic Roast Potatoes
Cabbage, Peas
Fruit Jelly
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

Penne Bolognese 1
Rice & Bean Burrito 1 V 9
Jackets with a Choice of Toppings 7,8,9
Baked Wedges
Seasonal Vegetables
Beetroot Cake 1,9
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

Fish Fingers 1,8
Cheesy Bean Slice 1.7 V
Jackets with a Choice of Toppings 7,8,9
Chips, Peas
Baked Beans, Coleslaw 9
Brownie 1,9
Yoghurt 7
Fruit Pots



WEEK 4
8th May
12th June
10th July
18th Sept
16th Oct

Meatfree Meatballs & Pasta 1 V 9
Quorn Sausage & Bean Pie 1 V 9
Jackets with a Choice of Toppings 7,8,9
Cauliflower
Carrots
Peach Crumble 1 & Custard 7
Mr Nourish Biscuit 1
Fruit Pots

Beef & Onion Pie 1
Cheesy Pasta Twists 1.7 V
Jackets with a Choice of Toppings 7,8,9
New Potatoes
Seasonal Vegetables
Strawberry Pot 7
Mr Nourish Biscuit 1
Fruit Pots

Roast Gammon & Gravy
Vegan Sausage Roll 1 V 9
Jackets with a Choice of Toppings 7,8,9
Rustic Roast Potatoes
Green Beans, Carrots
Chocolate Cornflake Cake 3,7,16
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

Chicken Fajitas 1.4
Tomato Spaghetti 1 V 9
Jackets with a Choice of Toppings 7,8,9
Rice, Sweetcorn, Side Salad
Traybake Pancake 1,7,9
& Berry Sauce
Mr Nourish Biscuit 1
Fruit Pots, Yoghurt 7

Salmon Fish Cakes 1,7,8
Margherita Pizza 1,3,7,9 V
Jackets with a Choice of Toppings 7,8,9
Chips, Peas
Baked Beans, Carrot Sticks
Oaty Biscuit 1.15
Fruit Pots, Yoghurt 7

